

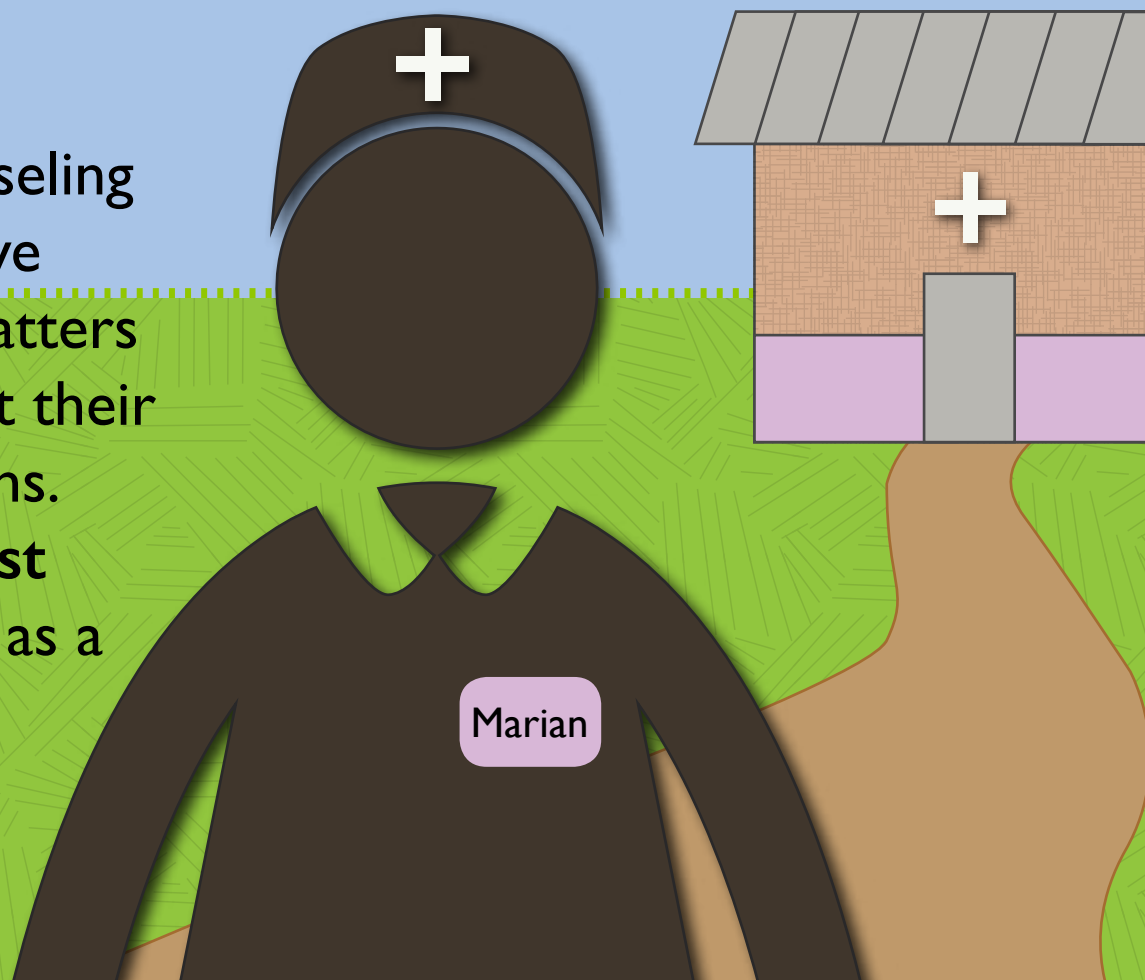
MEET NURSE MARIAN

Marian is a nurse working in a local health clinic. When she provides counseling in family planning, she knows that the sexual and reproductive health needs of her clients come first.

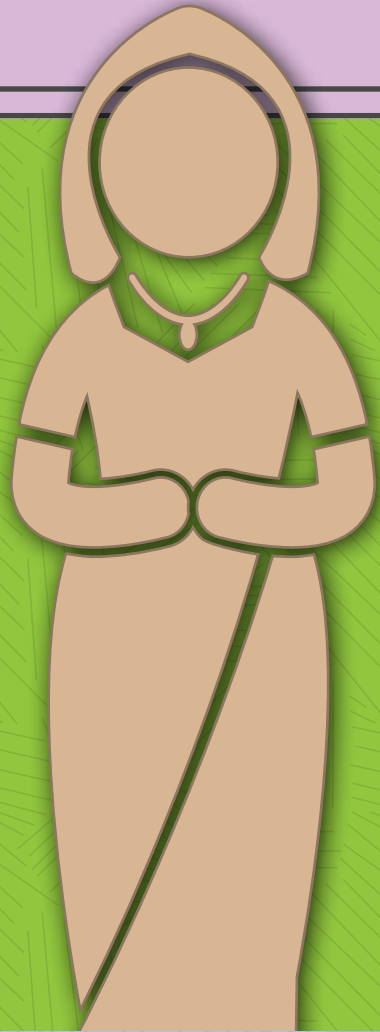
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As a nurse, I often provide counseling on family planning methods. I have **all types of clients**, and what matters most is to first learn more about their needs and reproductive intentions. Afterwards, I offer them the **most effective form of contraception** as a first option—after all, no one wants their contraceptive method to fail.

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MEET MARIAN'S CLIENTS



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I was very nervous to come to see Nurse Marian and to tell her I needed contraceptives. She was very friendly, listened, and didn't talk down to me. She shared many options and helped me find something discreet so that my parents and school friends don't have to know.

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I am breastfeeding and am not sure whether I can get pregnant. I don't want another pregnancy right now. Nurse Marian explained to me that the age of my baby, the frequency of breastfeeding, and whether I give other foods affects whether I can fall pregnant. She also told me about several contraception options that are available to me.

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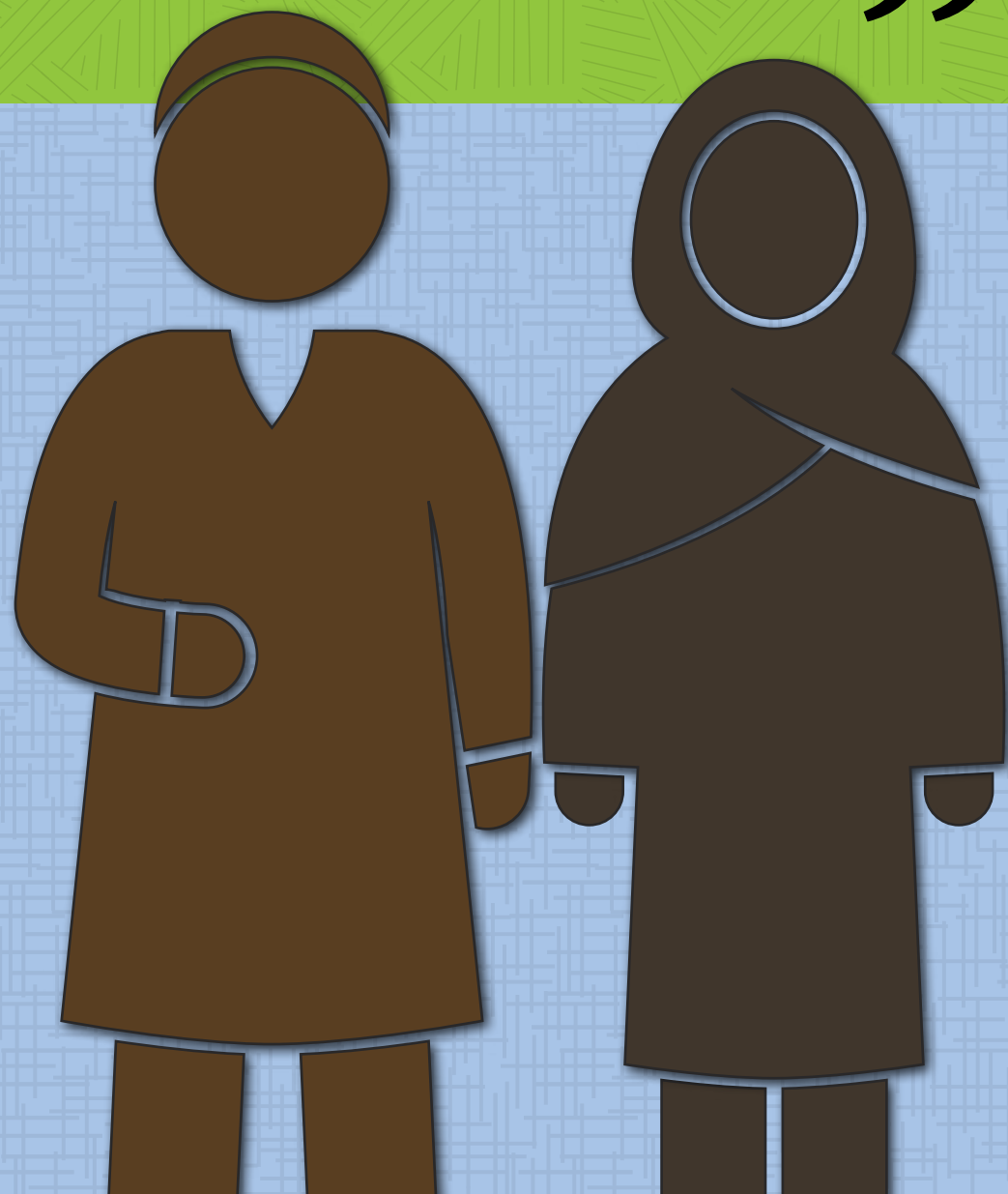
Even though other women were waiting for their antenatal care visit, Nurse Marian sat with me, asked me about my plans, and listened to my story. I have one young child and another on the way, but want to rest and wait after this pregnancy. Nurse Marian told me about the postpartum IUD, that it lasts a long time and can be inserted right after birth. I hope when my time comes, someone like Nurse Marian will be there to give me this method.

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We explained to Nurse Marian that we are happy with how many children we have. My wife tried many methods of contraception and has had some difficulties. We had heard about vasectomy and were a bit afraid, but she was very patient, answered all our questions, and reassured us. Now I feel it is my turn to take responsibility for preventing another pregnancy. We discussed it and my wife is in agreement with me.

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HOW CAN WE PUT #FPCLIENTS1ST ?



LEARN:

- » See the associated resources at www.mcsprogram.org/FPclients1st



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- » Believe in putting a family planning client's needs first? Share this graphic using #FPclients1st



ENGAGE:

- » In family planning, why is it important to put clients' needs first? Respond using #FPclients1st



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