Recruitment Script

Young Mothers and Pregnant Women Who Have Not Used ANC, MNC, or FP Services

Good Morning/Afternoon,

My name is \_\_\_\_\_\_\_\_\_\_\_, and I am working on a project with the PROJECT NAME AND AFFILIATION. I would like to invite you to participate in a research study that aims to understand how communities and services support young parents in this district. You are being invited to participate as you are a new parent or will be soon. First, let me ask you a few questions.

1. “I’d like to speak with you for a few minutes. Do you have a few minutes to listen now?”

[IF NO]: “Okay, thank you for your time. We will not continue. Have a good day!”

[IF YES]: "Okay, first let me ask you a few questions!"

1. Do you live within 10 km of X health facility?

[IF NO]: “Okay, thank you for your time. We will not continue. Have a good day!”

[IF YES]: GO TO NEXT QUESTION

1. How many years old were you on your last birthday?

[IF YOUNGER THAN 15]: “Okay, thank you for your time. We will not continue. Have a good day!”

[IF 18 OR OLDER]: GO TO NEXT QUESTION

[IF BETWEEN 15 AND 17]: “If you agree to participate in the study after I tell you more about it, the research firm would need to contact your parents to request permission. Would you agree to allow the research firm to contact your parents?”

[IF NO]: “Okay, thank you for your time. We will not continue. Have a good day!”

[IF YES]: GO TO NEXT QUESTION

1. “Are you a mother, or are you currently pregnant?”

[IF NO] “Okay, thank you for your time. We will not continue. Have a good day!”

[IF YES] GO TO NEXT QUESTION

If you agree to participate, I will ask you to participate in a group discussion with about eight other people about how young parents decide to seek and use health services and what barriers exist. You will be asked to describe your personal experiences with pregnancy and delivery and use of methods to space births. The discussion will take about one hour. If you are under the age of 18, the research firm will also need to request your parents’ permission to participate in the discussion, but they will not participate in the discussion.

The conversation about your experiences will be confidential and your individual responses will not be shared with anyone, including your parents. Anything produced using information you share will not include your name or any information giving away your identity. You do not have to participate. If you do participate, we will reimburse you 2 USD for your transportation costs.

“Do you have any questions for me?” “Are you interested in participating in this study?”

[IF NO]: “Okay, thank you for your time. Have a good day!”

[IF YES]: “Thank you!”

*\*\* Interviewer – If participant expresses interest, add their contact information to the log, and share the information about the date and location of the focus group discussion. If not, thank the individual for their time and contact the next potential respondent. Answer any questions before recording their contact information. \*\**

Written Consent

FGD Tool #1– Young Mothers/Mothers-To-Be

Consent: Age 18+

Assent and Permission: Age 15-17

**Research Assistants**:

*Before reading the consent form, ask the potential FGD participant if s/he is at least 18 years old. If yes, proceed with reading the consent script below.*

*If the participant is 15-17, s/he will need the head of household to provide permission. This can be her husband/spouse/partner or any person whom the participant identifies as the head of household. In this case, please ensure the head of household is present and listening while you read the consent form.*

Hello, my name is\_\_\_\_\_\_. Let me allow my colleague to introduce himself/herself. My colleague and I would like to talk to you about care and health services for young parents. We are working to understand which people and community institutions influence young parents as they plan to have children, become pregnant, and deliver in this District. This is a **research study** being conducted by PROJECT NAME AND AFFILIATION. We would like to ask you to help answer our questions. We would like to ask you questions because you either have personal experience being pregnant and having a baby and possibly with using methods to space births. We believe that you have valuable insights to share and we will use your answers and answers of others we are meeting to improve use of services by young parents in this District. We are interviewing key informants, such as village elders, health center staff, as well as young women and men who are first-time parents. During the discussion, you will be asked questions about how young parents decide to seek and use health services and what barriers exist. You will be asked to describe your personal experiences with pregnancy and delivery and use of methods to space births.

You do not have to help, it is your choice. If you say yes, we will ask you to speak with us in a group of about 10 other people, and answer some questions. During our discussion, we will take notes and make an audio recording. It will take about one hour. It is possible that some questions may be uncomfortable to answer. That is not our intention. You do not have to answer all the questions. Also, you may stop participating in the discussion at any time. There is no penalty if you choose to stop answering questions, and it will not affect your access to health services or your employment.

We will ask all group members to keep the information shared within the group confidential. There is a chance that someone outside the study will see your information. But we will do our best to keep the information you tell us confidential and secure. We will keep the audio recording tapes in a locked cabinet. Your name will not be included in any reports or notes that we write based on this information. Any record of your name will be destroyed. We will destroy the tapes after the study is completed.

You will receive no personal benefit from answering our questions. We will not pay you to help us. There is no payment, and we do appreciate your time. We will reimburse you 2 USD for travel costs.

Do you have any questions? You may contact PRINCIPAL INVESTIGATOR NAME AND CONTACT about your questions or concerns with this work.

**Thank you for your consideration.**

**Research Assistants:**

*If the woman is age 18 or older, say:* “Could you please sign this consent form?”

*If the woman is ages 15-17, say: “*There is no pressure to participate. The research team will not repeat anything you say to your family members or others. Are you willing to participate?”

[IF YES]: “Could you please sign this consent form?”

*If the young woman says yes, ask the head of household::**“*Do you give permission for your wife [or daughter or daughter-in-law] to participate in the focus group discussion?”

[IF YES]: “Could you please sign this consent form?”

*If both the head of household and the young woman say yes, then she may participate in the discussion.*

Certificate of Consent - Participant

I have read or have been read the above considerations regarding my participation in the study. I have been given a chance to ask questions and the questions have been answered to my satisfaction.

I understand that my records will be kept private and that I can stop the discussion at any time. I also understand that my decision to stop the discussion will not affect me adversely.

I agree to this discussion.

Signature of participant \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

If oral consent, signature of interviewer \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Certificate of Consent – Head of Household

I have read or have been read the above considerations regarding the child’s participation in the study. I have been given a chance to ask questions and the questions have been answered to my satisfaction.

I agree to this discussion.

Signature of head of household \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

If oral consent, signature of interviewer \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Investigator’s Statement

I, the undersigned, have explained to the participant the procedures to be followed in the study and the risks and benefits involved. I have also provided my mobile number so that he/she may contact me at any time if required.

Name of the interviewer \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Signature of the interviewer \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

A copy of this consent form has been provided to the participant (if asked for). (Initialed by the discussant)

Formative Research on First Time/Young Mothers/Parents

FGD #1: FGD Guide for Young Mothers and Young Mothers-To-Be

Face Sheet

**Group Type** (circle): [ Women, age 15-19 ] [ Women age 20-24 ]

**Group Discussion Code**: |\_\_\_||\_\_\_||\_\_\_||\_\_\_|

**Village:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**District:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Discussion by**: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Date of Discussion**: [\_\_\_|\_\_\_] [\_\_\_|\_\_\_] [\_\_\_|\_\_\_|\_\_\_|\_\_\_]

D D M M Y Y Y Y

**Time Discussion Began**: [\_\_\_|\_\_\_]: [\_\_\_|\_\_\_]

Hour Minute

**Time Discussion Ended:** [\_\_\_|\_\_\_] : [\_\_\_|\_\_\_]

Hour Minute

**Results of Discussion**: Completed 1

Partially Completed 2

Refused 3

**Name and Signature of Supervisor** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Date Checked**: [\_\_\_|\_\_\_] [\_\_\_|\_\_\_] [\_\_\_|\_\_\_|\_\_\_|\_\_\_]

D D M M Y Y Y Y

Participants

Respondents of same age group and sex should be a group of 7 to 8 girls or women.

Required Preparatory Steps

* Recruitment of 5 to 8 young mothers or pregnant women ages 15-17 years or 18-24 years.
* Request of parental/guardian permission for participants ages 15 to 17 years.
* For all participants in the group discussion, consent is mandatory.
* Eligibility should be verified and socio-demographic information should be collected from participants on an individual basis.

Necessary Tools and Materials

* One room with sufficient space, with a sufficient number of chairs, that is well-ventilated and quiet.
* FGD guide
* Two dictaphones with batteries (and back-up batteries)
* One notebook and one pen

Process

* The group should sit in a circle.
* The facilitator should ensure good participation from all respondents. The associate facilitator should take notes.
* The group discussion should be conducted as a conversation, with each question flowing from the answer to the previous one. Each of the topics should be covered during the discussion. The questions are there as examples. These are the types of information that is to be collected, but how the questions are asked will depend on how the conversation flows. The questions are not meant to limit the discussion, but rather keep the discussion on track.

If participants have specific questions about SRH, responses to these questions should wait until the end of the discussion. If data collectors are not able to respond, they should refer the participants to the local community health worker.

At the end of the discussion, the data collectors should thank participants for their participation and reimburse for transportation expenses.

Information Sought from Young Parents (Non-Users)

* Ideal time to start a family
* Perceptions of young couples who use SRH services
* Support that young couples receive from their family and others throughout pregnancy and birth and for birth spacing.

Section 1: Demographic Information

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Resp | **(Code)** | **Age (Years)** | **Education** | **Occupation** | **Marital status** |
| A |  |  |  |  |  |
| B |  |  |  |  |  |
| C |  |  |  |  |  |
| D |  |  |  |  |  |
| E |  |  |  |  |  |
| F |  |  |  |  |  |
| G |  |  |  |  |  |
| H |  |  |  |  |  |
| I |  |  |  |  |  |
| J |  |  |  |  |  |

Code:

|  |  |
| --- | --- |
| Education | 0: No education / 1: Primary / 2: Secondary / 3: University / 4: Vocational training / 96: Other (Specify) |
| Occupation | 1: Student / 2: Service / 3: Business / 4: Farming / 96: Other (Specify) |
| Marital status | 1: Unmarried / 2: Married or in Union / 3: Separated / 96: Other (Specify) |

FGD # 1: FGD Guide for Young Mothers and Young Mothers-to-be

Introduction of Group Members

Could you please go around the circle and share your name and village you come from? Do you have children and what are their ages? If pregnant, when is your baby due?

1. How does it feel to be a first-time or young mother? What are your thoughts about becoming a parent and starting a family?

Ideal Times to Start a Family

1. In your opinion, when is the ideal time to start having children? Why?
2. How do couples decide to have a first child? Do both decide together or does one person decide? Who?
3. How do you know when it’s a good time to have a second child?
4. Do you think that people in this community treat younger couples (under 18) who have children or are starting a family differently than couples in their early 20s? In what ways? Why? How do they treat young people who are starting a family but who are not married?

**Explain:** I would like to tell you a small story now and would like you to give me your reactions or opinions during some very interesting times in the story. There are no wrong answers; all of your answers are good. Are you ready?

This is the story of Rose and Bernard. Rose has lived her entire life in the small town of NAME. When she was 15, Bernard’s family moved to town and lived on the same street as Rose’s family. He was one year ahead of her in school – in his final year, actually. They were neighbors and also went to the same school, thus ended up walking together talking and joking on their way home each afternoon. Soon they were very much in love. After Bernard completed school, they decided to marry with the blessings of both families. Rose stopped attending school and started to work in town as a shop assistant. Bernard continued to study to become a car mechanic. They were very happy together.

After about six months of marriage, Rose missed her periods for three months and began to suspect she was pregnant. She was 17 years old. Bernard was 18 years old. She and her mother went to the health facility and the nurse confirmed the pregnancy. The nurse told Rose to return the next week to start ANC visits.

1. What will Rose think about and feel when she heard the news that she was definitely pregnant?
2. What will her mother think?
3. What will Bernard think about and feel when he heard the news?

Rose decided to return to the health facility the next week for her first ANC visit. She was going to be a mother! She was weighed and counseled about how to care for herself and the baby growing inside her. She learned about preparing for childbirth at home and making a birth plan.

1. What do people say about adolescents going for ANC services?
2. Have you heard about birth plans? What would Rose and Bernard put together for their birth plan?
3. As Rose is only 17, who in the family or community would help Rose the most during her pregnancy? How?
4. Is Bernard involved in supporting Rose’s pregnancy? What does Bernard do? What is he expected to do as an 18 year old?
5. What do people say about adolescents who seek antenatal care services?
6. What do people say about young mothers who seek antenatal care services?

In her ninth month of pregnancy, Rose was feeling heavy and walking slowly. It was tiring to go to work each day but she managed. She and Bernard were waiting anxiously for the birth of their first child. Her older sister Fatima started talking about childbirth. She had used a TBA for the birth of her first child and wanted Rose to use the same TBA, who was well-respected in her community. But Rose wanted to deliver in the hospital, which was only 5 km from her home. Bernard was very quiet on the issue because he thought this was woman’s business.

1. Who helps young women make decisions about where to deliver? What determines who and where to deliver? How is the husband involved?
2. Why do young couples decide to deliver with TBAs? Why do some prefer a health facility?
3. Even though he is quiet, what do you think is Bernard thinking?

Finally the time has arrived! Rose goes into labor and arrives at the health facility with her sister’s help. After 7 hours of labor, she gives birth to a healthy, sweet, baby girl! The midwife tells her how to take care of herself and her newborn girl. She asks that Rose return in 2 weeks for a post-natal check-up and newborn check-up for the baby. One day after she has given birth, Bernard brings Rose and their baby home.

1. What will Rose do on her first day at home to make sure her newborn stays healthy? [Probe on breast feeding, cord care, staying warm, newborn care in general]
2. She is very young. Who is there to help Rose when she returns home? In what ways? What do you think her life will be like?
3. He is very young. Who is there to help Bernard as a new father? In what ways? What do you think his role will be?
4. Do you think Rose will go for her post-partum check-up and newborn check-up? Do you think Rose will continue to exclusively breastfeed her baby?

Rose and Bernard’s life slowly returns to a daily routine of work, home chores, and baby care. Their baby girl is adorable – but it is long days and long nights. After about 6 months her period returns and Rose gets worried. She really wants to wait at least two years before having a second baby.

1. Do couples talk together about spacing the births of their children? Do couples talk about FP methods? Who brings up the discussion first? Who makes the final decision? Who will Rose talk to for advice about FP?
2. Do you think Rose or Bernard will start using a FP method?

That is the end of story! How do you think it ends? What happens to Rose and Bernard?

1. Please describe to me - What would motivate/encourage you and your husband/spouse/partner to come to the Health facility to seek services from a health provider there?
2. Sometimes the parish or other community groups offer services for people who will soon marry, or to parents who have just had their first child. Do such services exist here? What kinds of services are offered? Did you use them? What other services would you like to receive?