Fathers contribute to Healthy Families

STAGE 3

LABOUR AND DELIVERY

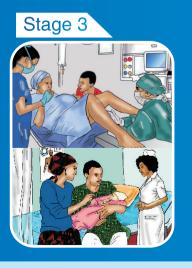
A Father/Partner should:

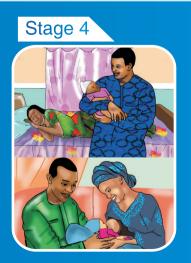
Go with his wife/partner to the health facility when she is in labor, to provide her with all necessary support she may need to deliver a healthy baby under the care of a trained health provider.



















Fathers contribute to Healthy Families

STAGE 4

POST-NATAL

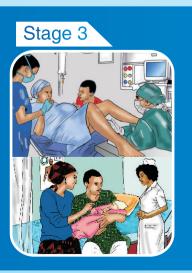
A Father/Partner should support his wife/partner to:

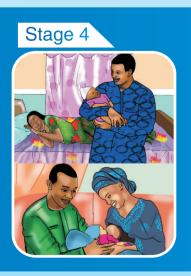
- Get enough rest regularly
- Feed the baby with breast milk only for the first six months.
- Complete all clinic appointments.
- Take prescribed drugs.
- Eat nutritious food.
- Perform skin-to-skin care if your baby is small

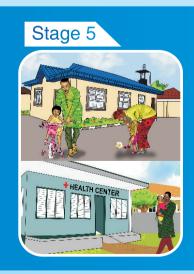


















Fathers contribute to Healthy Families

STAGE 5

INFANCY AND CHILDHOOD

A Father/Partner should:

 Share childcare duties with his wife/partner to build a healthy and happy family.



