

# Digital Tools to Strengthen Community Health Work: India Deep Dive

*Post-ICHC Webinar Series*

## Presenters:

- Ujjwal Maitra, Project Director, BBC Media Action
- Ritika Pandey, Project Director, Project Samvad, Digital Green
- Dr Leila Caleb Varkey, Senior Adviser Reproductive Maternal Child and Newborn Health, Centre for Catalyzing Change (C3); and Mohammad Ahsan, Program Manager, Reproductive health and Rights and HIV/AIDS programs



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**THE WEBINAR WILL BEGIN AT 9:00am EDT**

# BBC Media Action

Ujjwal Maitra

# **Digital Tools to Strengthen Community Health Work**

mHealth services :

Kilkari and Mobile Academy

# Overview of Kilkari and Mobile Academy

*Kilkari is a mobile health education service that provides pregnant women, new mothers, and their families with timely, accessible, accurate and relevant information about Reproductive, Maternal, Neonatal and Child health. It aims to improve families' knowledge and uptake of life-saving preventative health practices.*



*Mobile Academy is an IVR-based Reproductive Maternal Neonatal and Child health training course designed to refresh frontline health workers' knowledge of life-saving preventative health behaviors, and improve the quality of their engagement with new and expecting mothers and their families.*



- Uses IVR technology to deliver time-sensitive audio information directly to families' mobile phones

- Covers the critical time period – where the most deaths occur from the 2nd trimester of pregnancy until the child is one year old (72 weeks)

- Subscribers receive one pre-recorded call per week, linked to the woman's stage of pregnancy or the child's age

- Uses IVR technology that is handset independent, audio based and accessed via a simple voice call

- Covers 33 months; from pregnancy until the child is 2 years of age

- Divided into chapters, lessons and quizzes, and CHWs' receive an accumulative pass/fail score at the end of the course

Note: All those who pass receive a printed certificate from the government

## Scale up beyond pilot !

- **Piloted** in the Indian state of Bihar
- Government of India (GOI) decided to **scale up nationally** in 2014
- GOI agreed to
  - cover the cost of a **data-centre** to host the services,
  - providing **telecommunications connectivity** to the national platform and
  - **Toll-Free calls pan-India.**
- **The services are now live in 13 of the 29 Indian states**
- **Available for FREE**



# Mobile Academy: uptake as on 31<sup>st</sup> May 2018

Live in 13 states

More than 900 state officials trained

137,449 ASHAs have started the course\*

107,539 ASHAs have graduated\*\*

4 languages

\*241,190 ASHAs have started Mobile Academy

\*\* 155,796 ASHAs have graduated on the national and state-based platforms in total



## Key Challenges

Poor data quality

- limits the reach and targeting of the services.

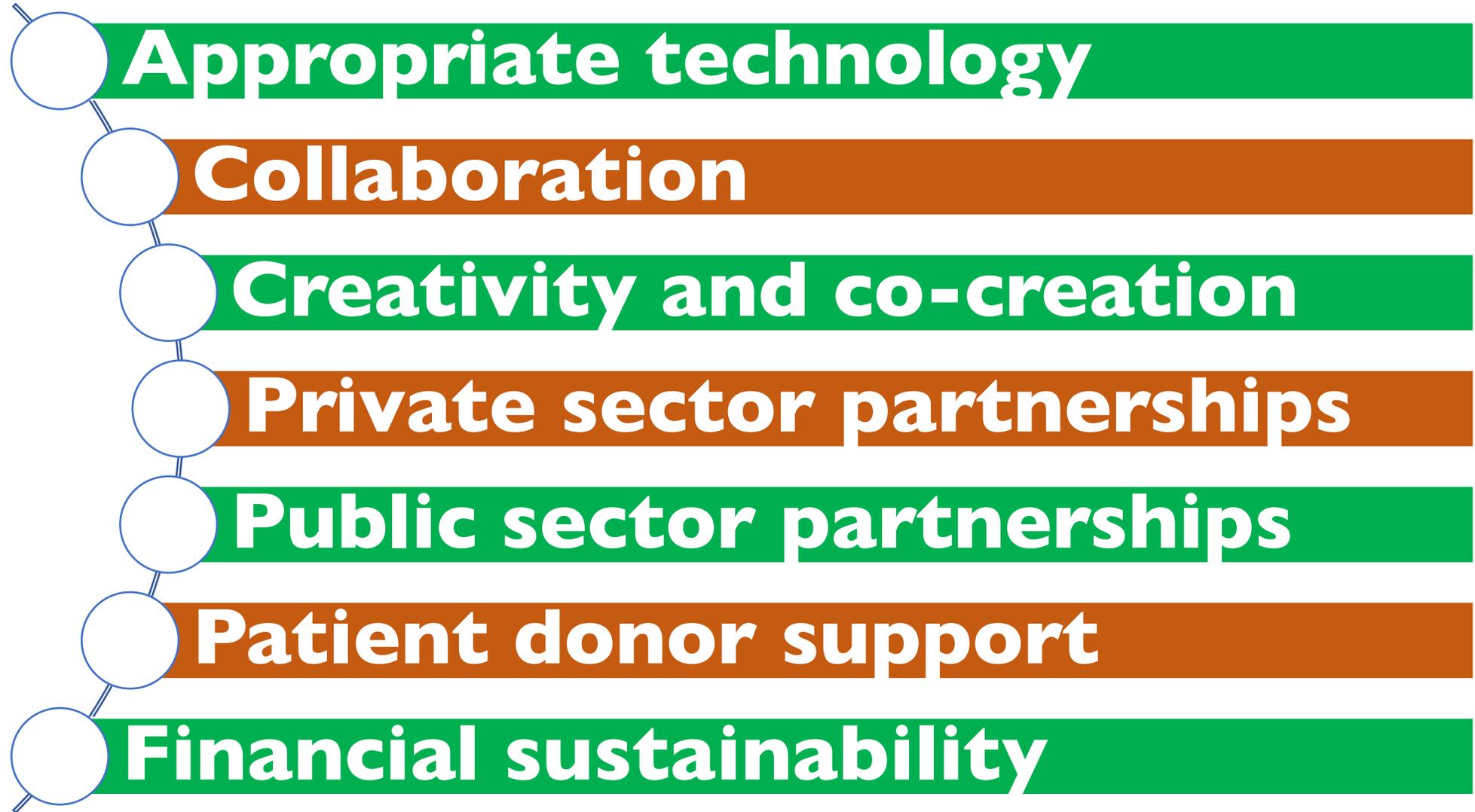
Inaccurate data

- challenging to validate, reject and track

Maximization of infrastructure

- requires calls to be made to Kilkari subscribers throughout social hours (8AM to 8PM)

## Reasons for achieving sustainable scale



# Digital Green

Ritika Pandey

A woman in a green sari with white polka dots and a white border is standing and smiling, gesturing towards a group of women seated on the floor. She is holding a small orange device. Behind her is a framed picture on the wall. The room has a mud-colored wall and a large pile of straw on the floor. The scene is lit with warm, indoor lighting.

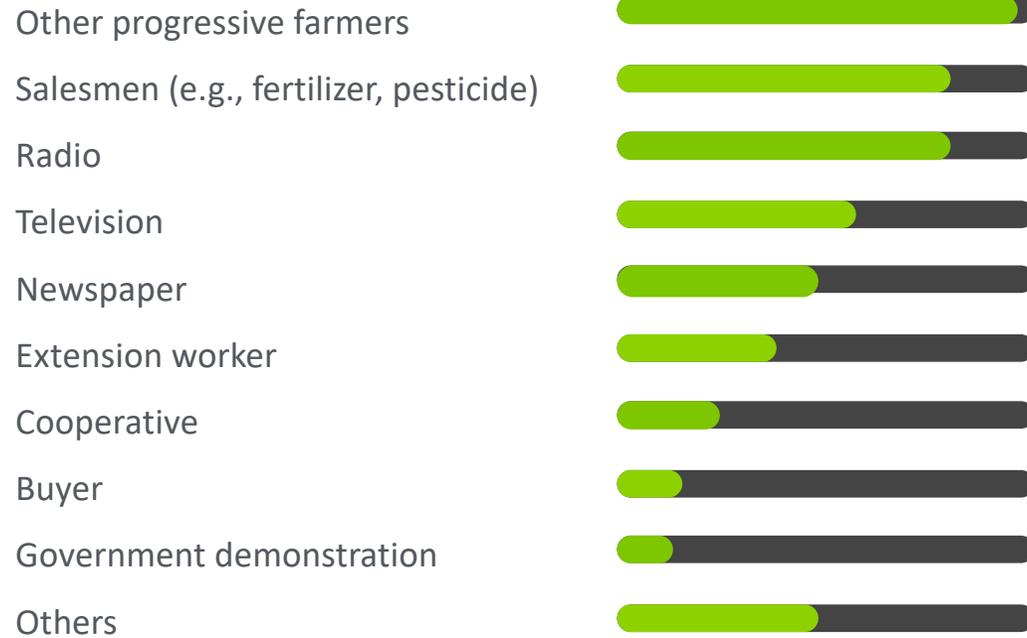
# Digital Green

Empower the rural community to lift themselves out of poverty by harnessing the power of technology and grass-roots partnerships

## Agricultural Social Networks in India

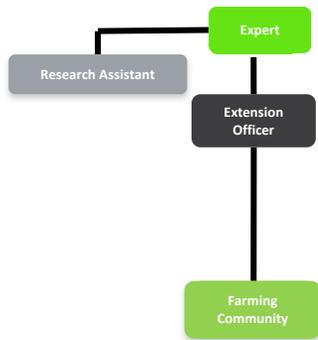
Essentially, the farmer / peer next door

% farm households (n = 51,770)



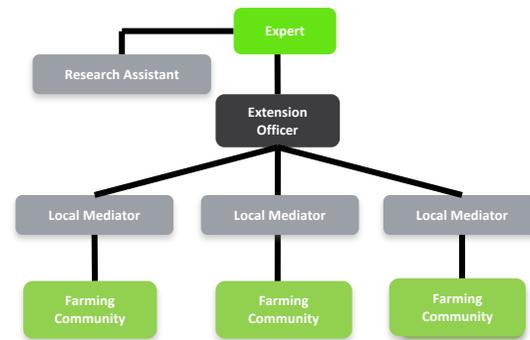
Main source of information about new technology and farm practices over the past 365 days (India: NSSO 2005)

## EARLY EXPERIMENTATION



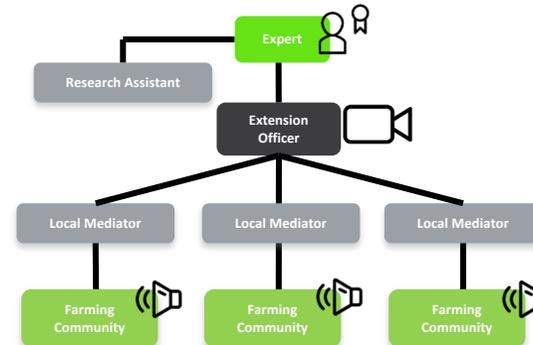
### Classic Green

Classical extension agent approach – training & visit approach



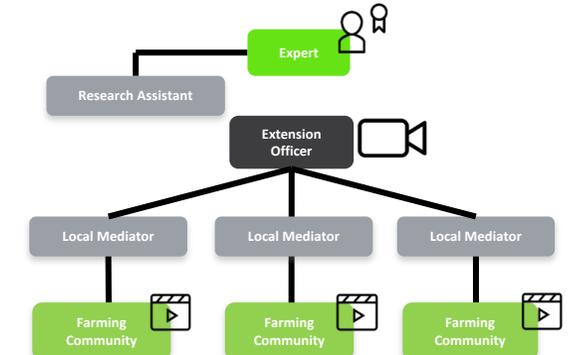
### Poster Green

Extension agents sharing information with farming community through posters



### Audio Green

Extension agents sharing information with farming community through audio messages

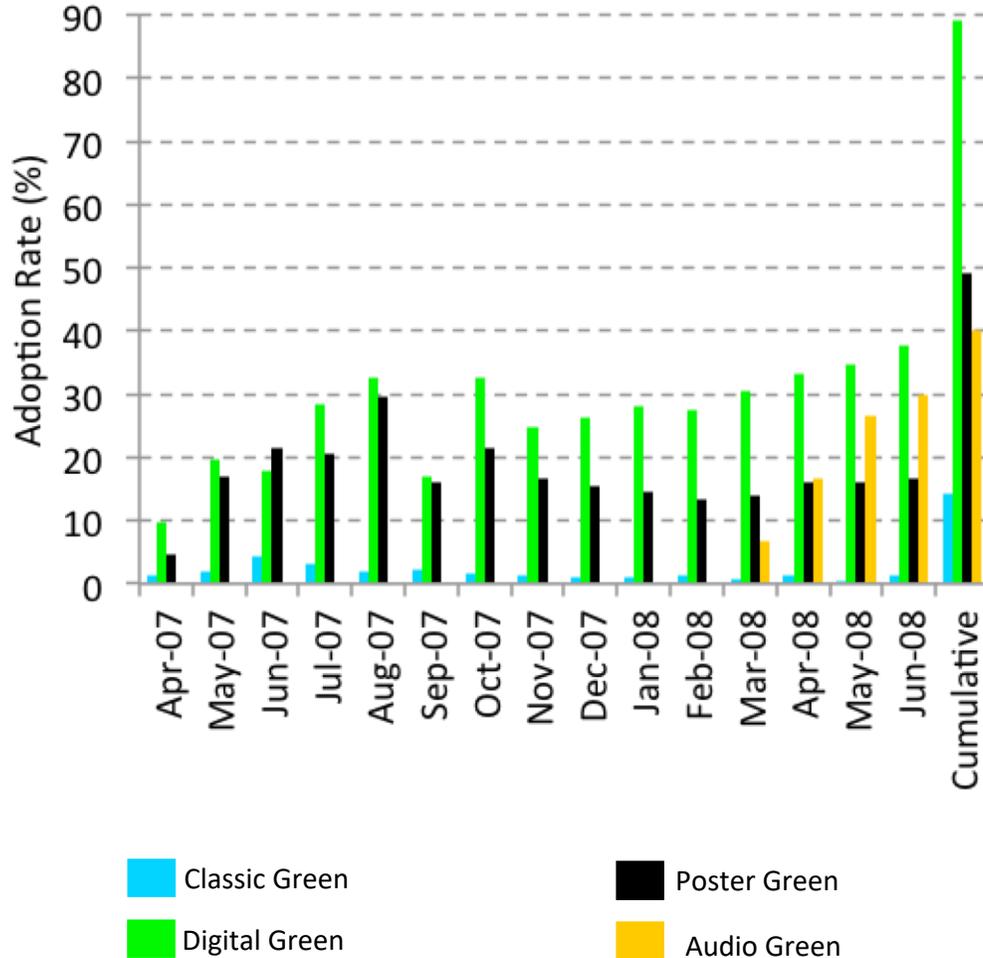


### Digital Green

Extension agents sharing information with farming community through videos

Study revealed Digital Green's adoptions were 7 times higher than Classical extension approach  
 Also, Digital Green approach was 10 times more cost effective per dollar spent than Classical extension approach

# Early Results



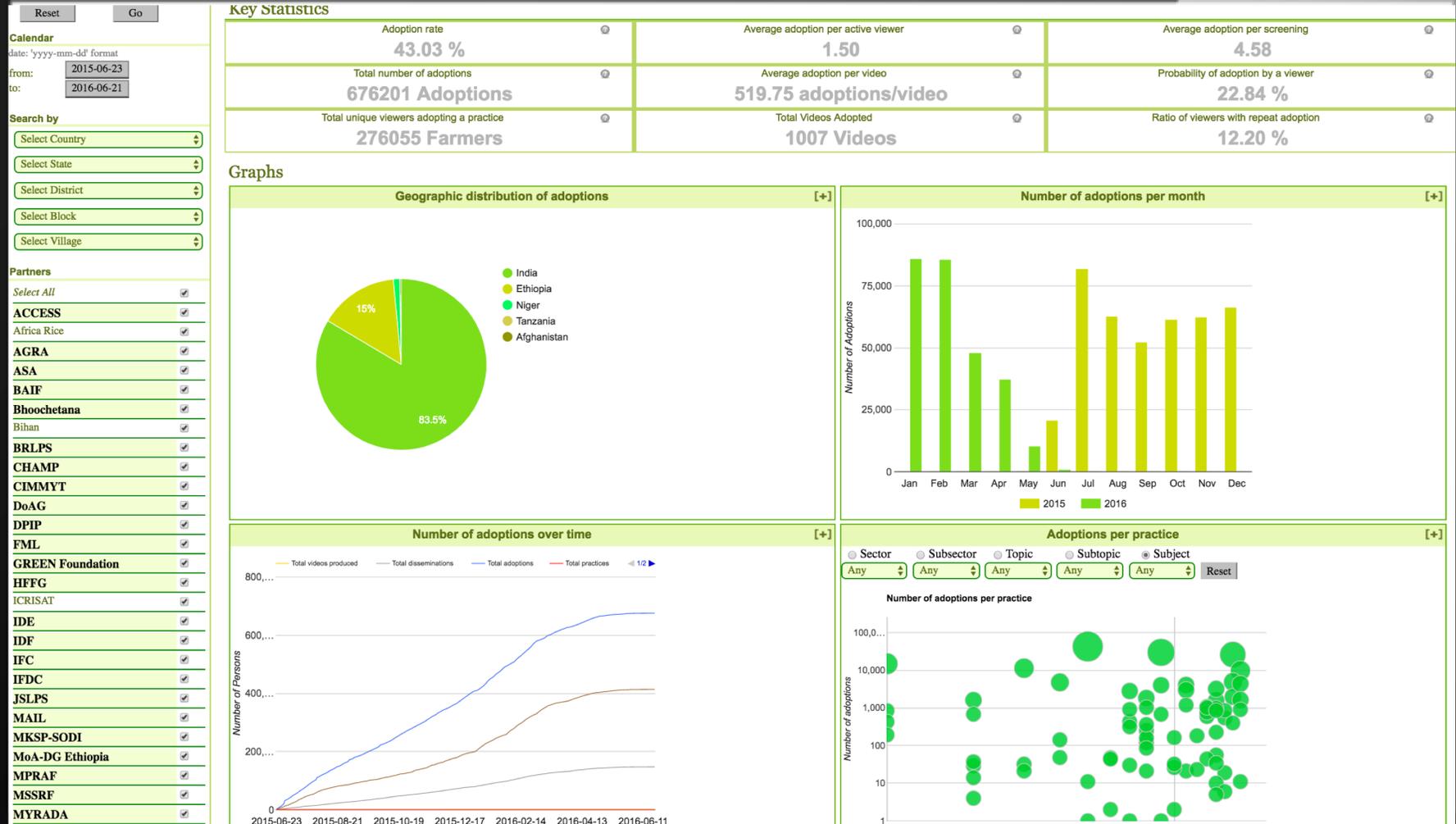
**7 times** more adoptions over classical extension

	Cost (USD)*	Adoption (%)*	Cost/Adoption (USD)
Classic Green	\$ 840	11%	\$38.18
Digital Green	<b>\$ 630</b>	<b>85%</b>	<b>\$3.70</b>
Poster Green	\$ 490	59%	\$4.1

\*per village/year

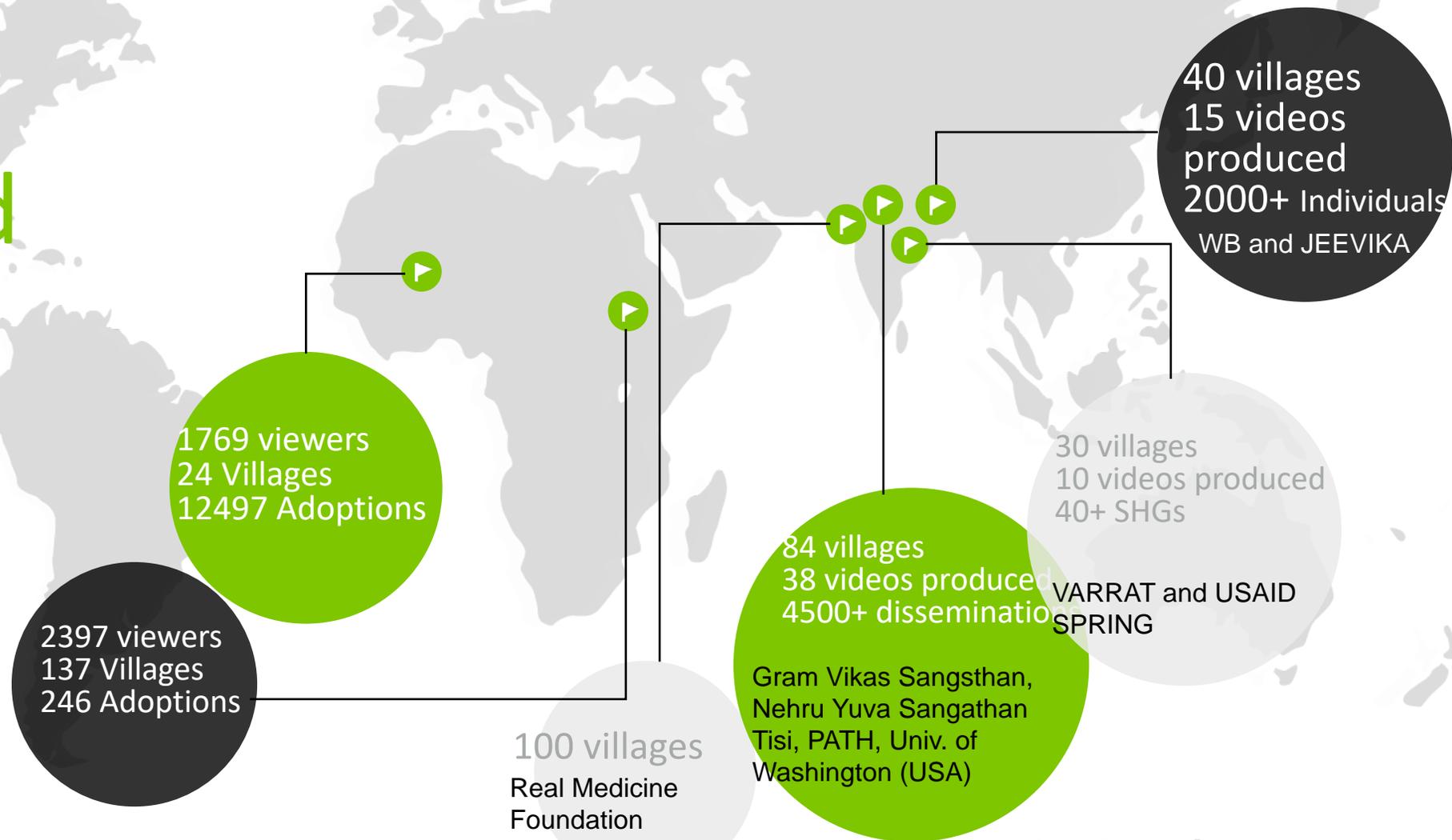
**10 times** more cost effective per dollar over classical extension

## COCO Monitoring Dashboard



# Pilots in Health and nutrition

Overview of DG's pilots in health and nutrition and associated outcomes.





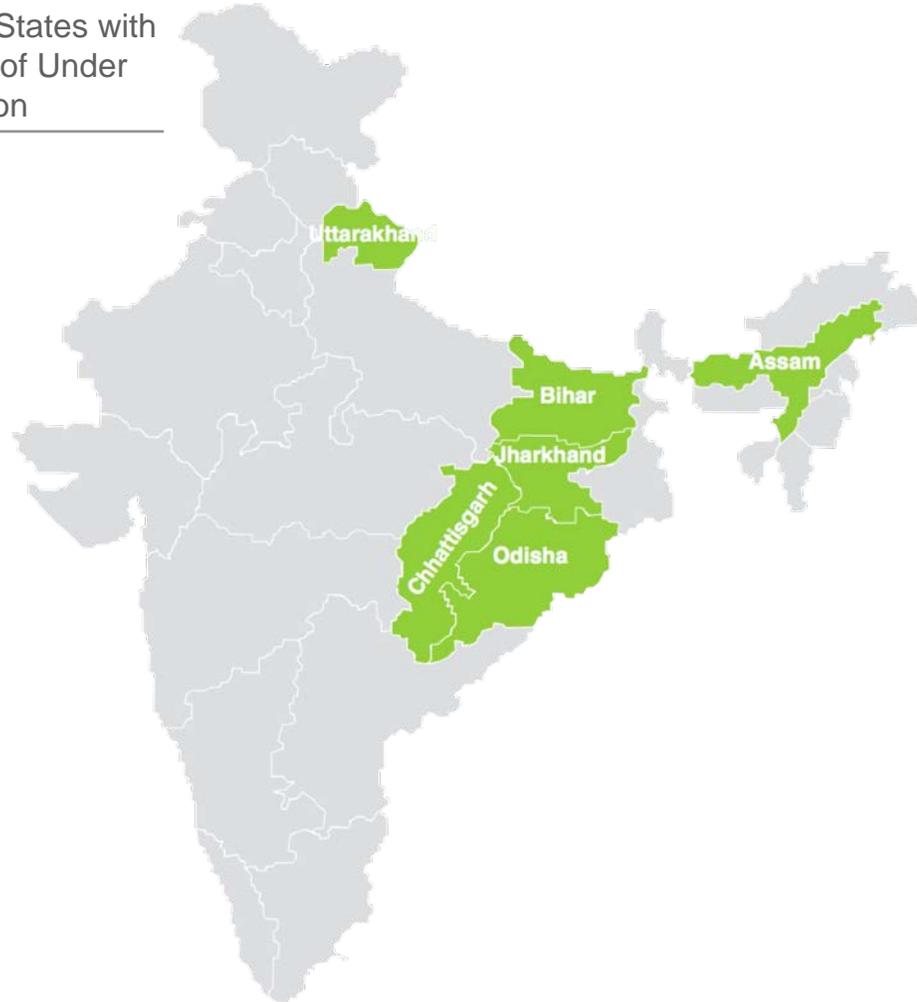
**Project *Samvad*:  
Community based digital platforms for Maternal,  
Child Health and Family Planning**

Digital Green

# Project *Samvad*

(2015-2020)

6 High Priority States with  
High Burden of Under  
Nutrition



## Goal:

Improved maternal and child health through promotion of appropriate family planning methods and nutrition messages using Digital Green's approach.

## Reach:

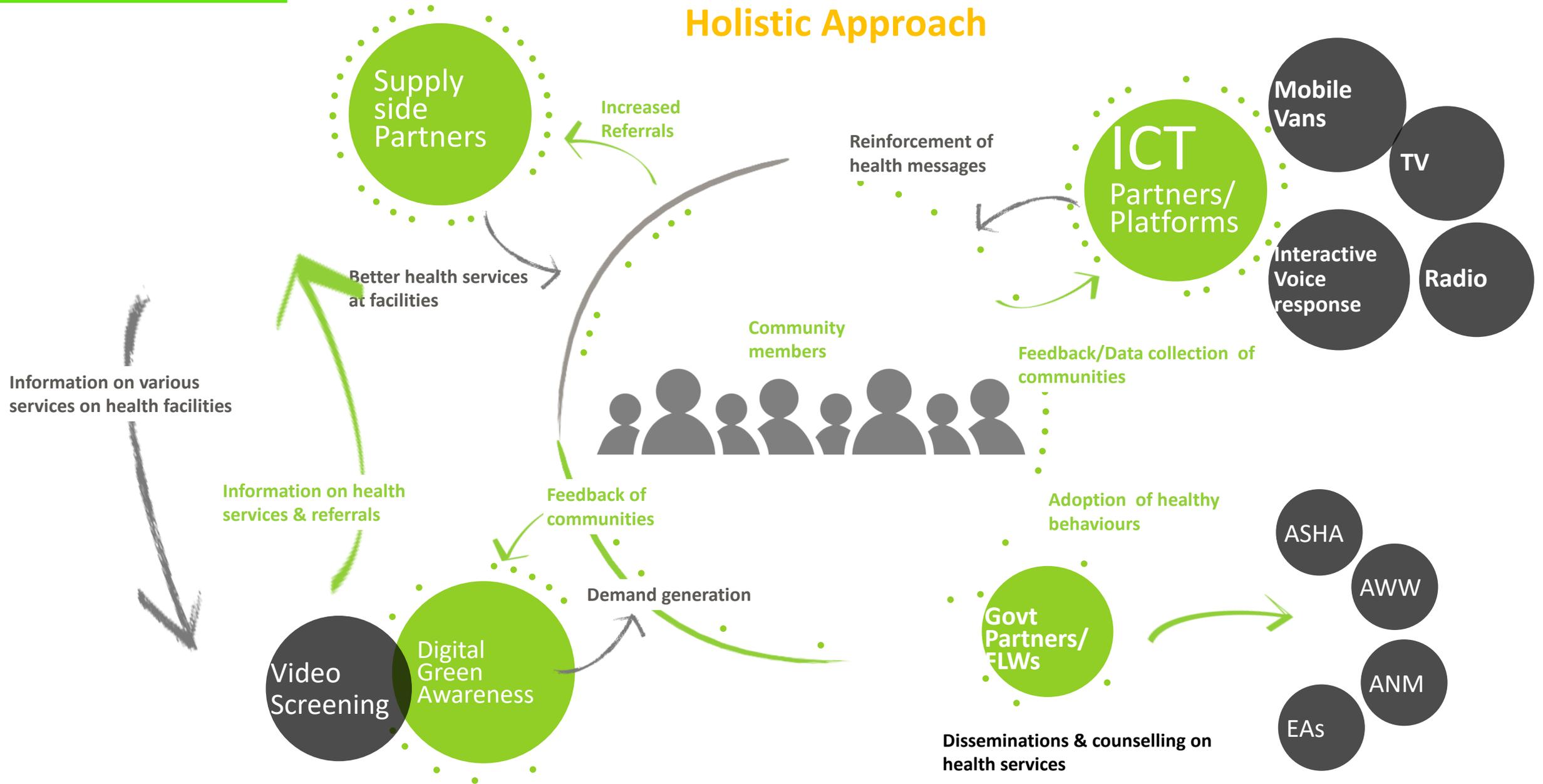
1 million women with messages on family planning and nutrition and interface directly with at least 300K women in 1000 day period

## Objectives:

Improve nutritional behaviours of women in the 1000 days, for themselves and their children

Improve knowledge and increase use of modern contraceptive methods

# Holistic Approach



## OUR APPROACH 4 Cs



### Community Engagement

- Mobilize community
- Identify problems / needs
- Identify local change agents



### Contextualization

- Conduct Formative Research
- Identify relevant topics
- Determine local groups



### Capacity Building

- Prepare story boards
- Shoot videos and Screen them
- Data management



### Continuity

- Partnerships
- Best practices
- Institutionalization

THANK YOU



@digitalgreenorg

# Centre for Catalyzing Change

Dr Leila Caleb Varkey and Mohammad Ahsan



Centre for Catalyzing Changes (formerly CEDPA India)



## Mobile Monitor for Quality of Maternal Care (MOM-)

# Generating data from Women to Impact Quality of Health Services-MoM-QC

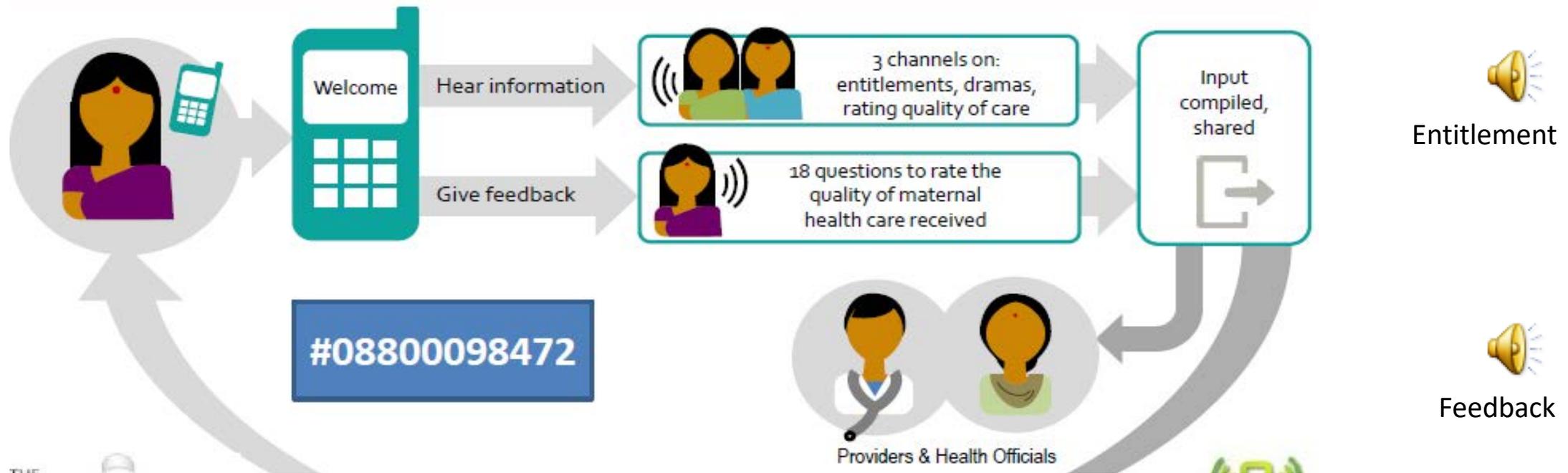


Piloted in Jharkhand-  
a state with a high  
maternal mortality  
ratio of 212 deaths

- A service like Trip Advisor or Yelp, but for life-saving health care- enabling women to provide feedback on the quality of services
- A two-way push-pull communication mechanism using basic mobile phones, using an interactive voice based platform via basic mobile phones
- Citizen-generated data produced directly by people to monitor, demand and drive change for improvement of quality of services

# How did the service work?

- 1** Maya calls *Swasthya Vaani* to register a missed call, and the program immediately calls her back.
- 2** Maya can choose to hear information about quality of care and government programs she's entitled to participate in. And she can rate the quality of her latest maternal health care experience.
- 3** Maya's feedback is published on the phone system for others to access and shared with decision-makers to improve care.



# Feasibility Test: Data Generated on 4 QoC Indicators



Timeliness- Waiting time before receiving services



Service Guarantee- Provider, service and supplies



Respectful care (maintaining comfort, privacy and confidentiality) and absence of abuse



Cleanliness of facility including toilets, hygiene & housekeeping services, sanitation

## What did we do with the data generated?

Feedback converted into a ratings system to help facilities improve care, and households decide where to seek care

# Scaling up-



- Linking clients to FP information, obtain feedback from clients' perspectives on Elements of Respectful Care in FP services received and appointments for sterilization operation at facilities through IVRS based platform-Parivar Swasthya Vaani (PSV)



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 Maternal and Child  
Survival Program

# *Parivar Swasthya Vaani*- An interactive voice response-based system



# Parivar Swasthya Vaani- Key Features

Providing information on Quality of Care in FP Services to Clients

Feedback on Quality of Care in FP Services from Clients

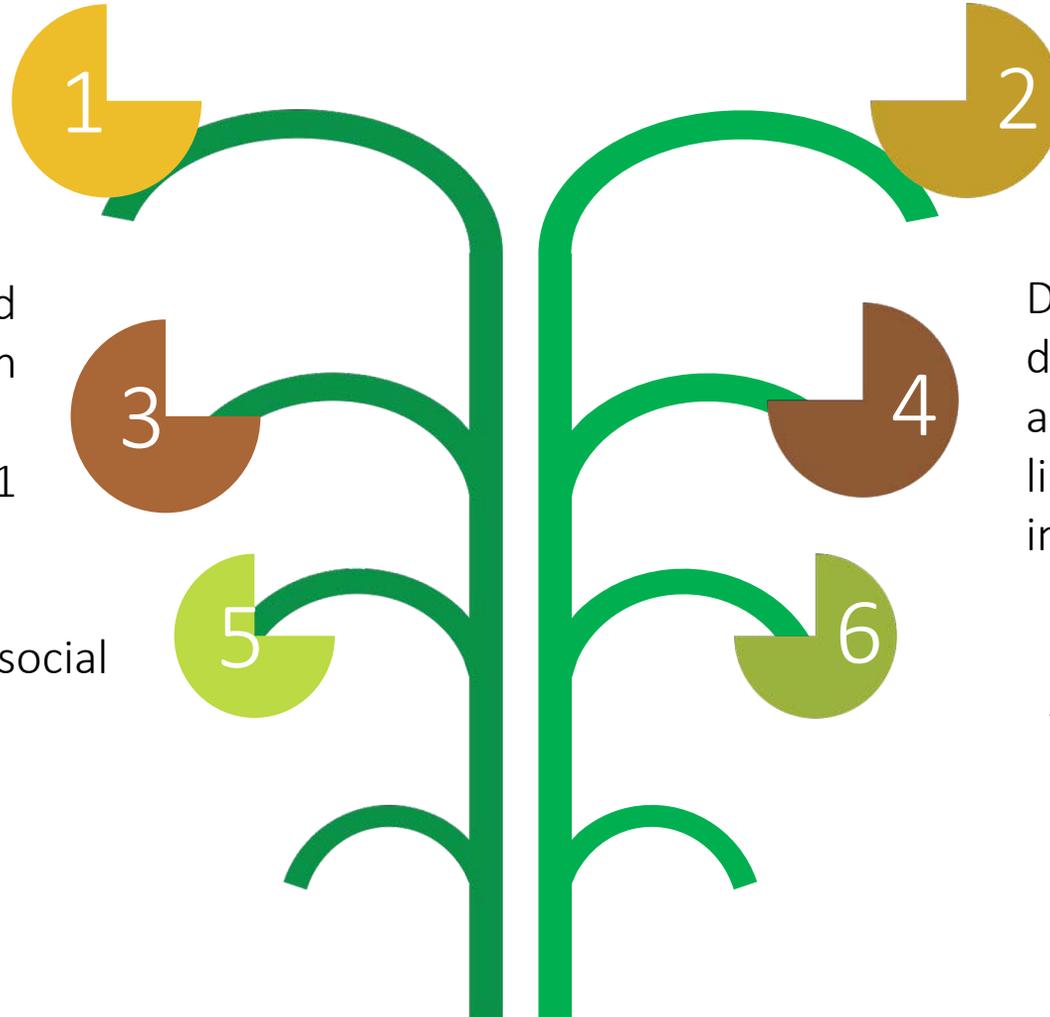
Districts covered: 6 each in Odisha and Chattisgarh

Facilities covered: 51

Story content focused on gender, social inclusion & respectful care in FP services, information on methods, benefits, side effects & where to obtain/access

Data intended for use by state, district and block health officials and community representatives like NGO and PRI representatives in RKS

Analysis of data received through the feedback surveys and Real-Time Data Sharing to Improve Quality of Care in FP Services



# Parivar Swasthya Vaani- Dashboard Views



User types

<http://parivarswasthyavaani.com/login>  
on computer web browser



User enters Email ID & Password- issued by MCSP and click on “Sign in”



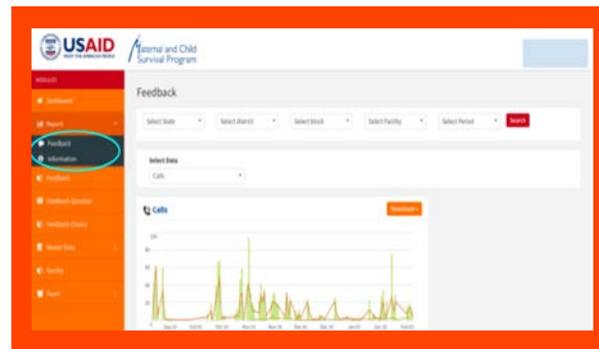
User views real-time data on uptake of information by clients and feedback given by clients. All data is download-friendly.

## How to access reports and use filters

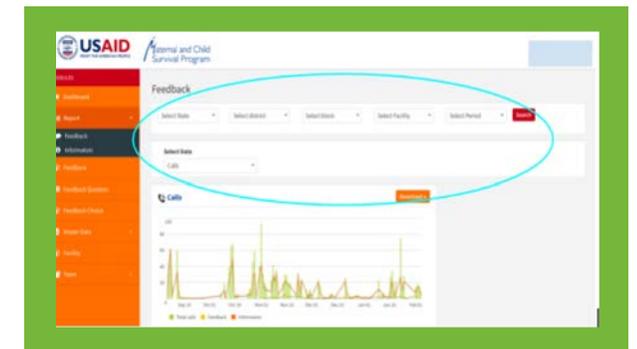


User types

<http://parivarswasthyavaani.com/login>  
on computer web browser and logs in using  
email ID & password issued by MCSP



User goes to Reports Section on the left side of the Dashboard and chooses either of the options available



User chooses from available filters to generate report of choice!

# Early Feedback

902 calls made since launch on April 30, 2018  
114 calls made to give feedback  
785 calls made to gain information

## Informed Choice and Consent

- 25% Did Not feel comfortable while asking Questions to service provider
- 50% reported that the service provider Did not Explain about Benefits and Minor problems
- 50% were Not Satisfied with the response of the Service provider
- 43% reported that their spouse was not counselled on family planning methods

## Dignity, Respect, Privacy and Out-of-Pocket Expenditure

- 75% reported that they had to Spend money from their own pocket.
- 25% reported that they did not experience Privacy during counselling

## Cleanliness and Waiting Time

- 25% reported that water was not available in facility toilets
- 50% reported that the facility toilets were dirty/smelly/broken
- 100% reported that they had to wait less than 1 hour at the facility for services