Tracking the Post-discontinuation Contraceptive Use Pathways in Rwanda. Second Analysis of 2014-15 Demographic And Health Survey

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Family planning discontinuation in Rwanda

Contraceptive Discontinuation
(% discontinued within 12 months)

Percent of discontinuers

Pill | Injectables | Implant | Condom | Standard Days Method

Failure | Desire to become pregnant | Method related | All else

Graph showing the percentage of discontinuation for different contraceptive methods in Rwanda.
What happens after discontinuation?

Evolution of reproductive status post-discontinuation

- **Switchers**
- **Method failure**
- **Women who never resume using**
- **Pregnant after 12 months**

Percent of incidents where modern family planning use is discontinued

Months following discontinuation of a modern method

- Not using and not pregnant/postpregnant
- Resume use of modern method
- Pregnant or postpregnant
Implications

• Post-discontinuation follow up of clients who don’t want to become pregnant should be improved—after the first month, there is almost no use of a new FP method, thus resulting in pregnancies that would be considered unintended.

• Discontinuers of injectable and implants seem to be particularly frustrated—relatively few switch to new methods.

• Correct use of Standard Days Method is a particular problem, given high failure rate.
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