Strengthening Integration of Nutrition within the Health Platform: Where Are We & What Does It Take?

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Globally, every country is affected by malnutrition

20% of deaths attributable to unhealthy diet

Undernutrition underlies 45% of child deaths

Global Burden of Disease, 2018, Global Nutrition Report, 2018
Child stunting is declining, overweight increasing, anemia barely changed

Number of children affected, stunting & overweight 2000–2017

Global prevalence of anemia, overweight (including obesity) and underweight in women, 2000–2016
Global goals provide impetus for action, countries struggling to meet targets

### Global nutrition targets for 2025

<table>
<thead>
<tr>
<th>Target</th>
<th>Status</th>
<th>Description</th>
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<tbody>
<tr>
<td>Target 1:</td>
<td>OFF COURSE</td>
<td>40% reduction in the number of children under 5 who are stunted</td>
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<td>Target 2:</td>
<td>OFF COURSE</td>
<td>50% reduction of anaemia in women of reproductive age</td>
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<td>Target 3:</td>
<td>OFF COURSE</td>
<td>30% reduction in low birth weight</td>
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<td>Target 4:</td>
<td>OFF COURSE</td>
<td>No increase in childhood overweight</td>
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<td>Target 5:</td>
<td>LIMITED PROGRESS</td>
<td>Increase the rate of exclusive breastfeeding in the first 6 months to at least 50%</td>
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<td>Target 6:</td>
<td>OFF COURSE</td>
<td>Reduce and maintain childhood wasting to less than 5%</td>
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Global Nutrition Report, 2018
Acceleration needed to fulfill SDGs by 2030

Current projections show only 24-44% of the gap in undernourishment, child wasting & child stunting will be met.
Global commitments, guidance, and momentum for nutrition

Changes in nutrition spending over 25 countries’ - two budget years

- Preceding budget year
- Most recent budget year available

- Nutrition-specific allocations
- Nutrition-sensitive allocations
Measuring progress in nutrition interventions: Addressing data gaps → opportunities for action

Collection, interpretation & use of routine data

Process of implementation

Data sharing among partners

Coverage data

Benchmarks of progress

Monitoring multiple interventions

Up to 130 countries are unable to track EBF, stunting, overweight and wasting
Strengthening nutrition-health integration across the continuum of care

**FACILITY LEVEL**
- Antenatal Care
  - Diet, BF
- Childbirth Care
  - Early BF
- Postnatal Care
  - Diet, BF support, FP
- Child Visits
  - Vitamin A, GMP

**COMMUNITY LEVEL**
- Support groups, community-based workers, home visits

**MULTI-SECTORAL ENGAGEMENT**
- Agriculture, water, and sanitation
MCSP works at global & country level to improve nutrition-health programming

**Global leadership**
- Support global maternal, infant, young child nutrition efforts

**Country implementation**
- Support Ministries of Health to strengthen quality of nutrition services w/in RMNCH
- Build country capacity across health systems

**Country leadership (national, subnational MOH)**
- Updating country guidelines and materials to SOTA
- Evidence and data for decision making (i.e. behavior change)
- Training, supportive supervision, mentoring
Today’s Panel

• Explores the “how to” of integrated nutrition-health strategies and approaches from three country perspectives

• Highlights successes and challenges

• Provides considerations for sustainability & scale-up
For more information, please visit

www.mcsprogram.org

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