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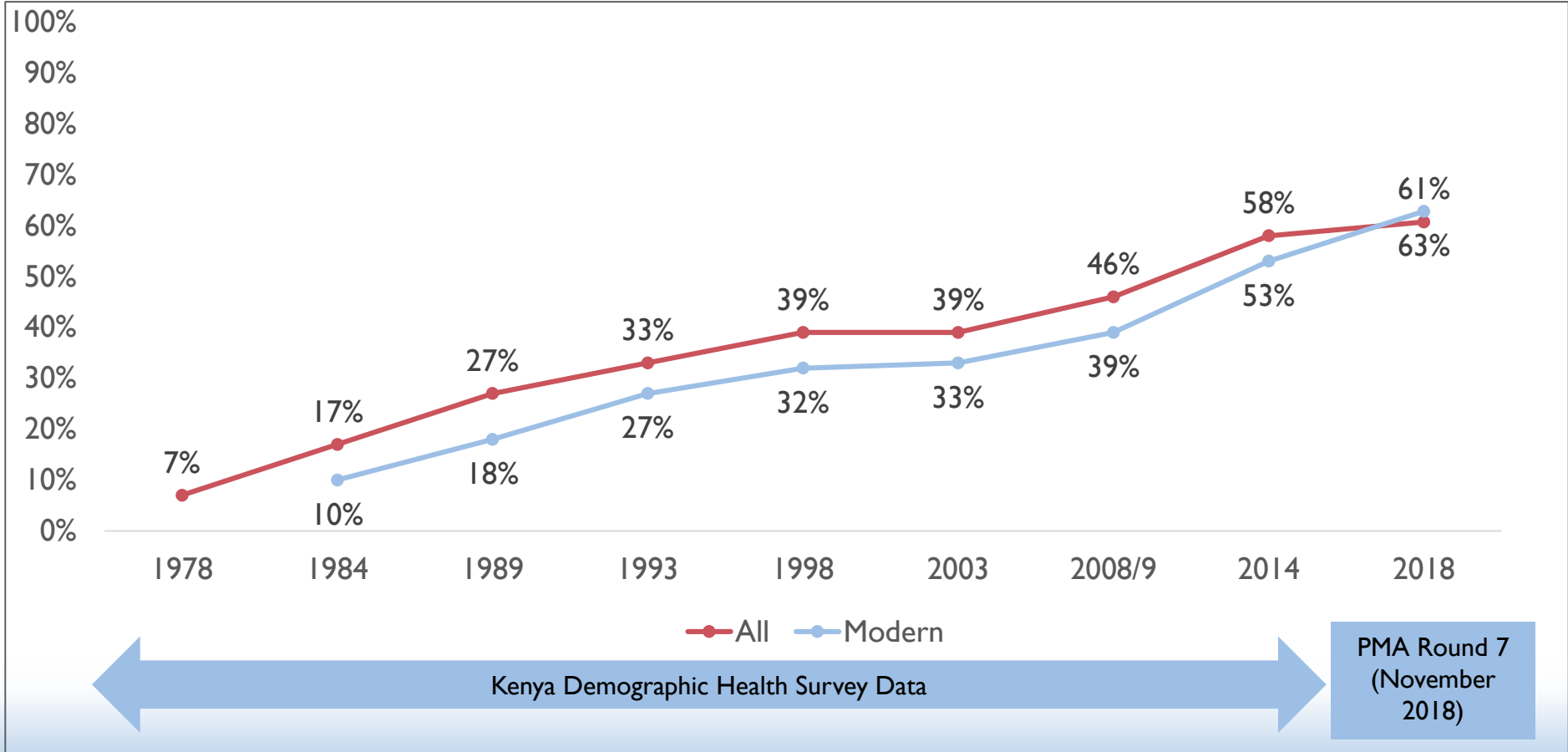
Maternal and Child  
Survival Program

# Expanding FP Method Choice in Kenya

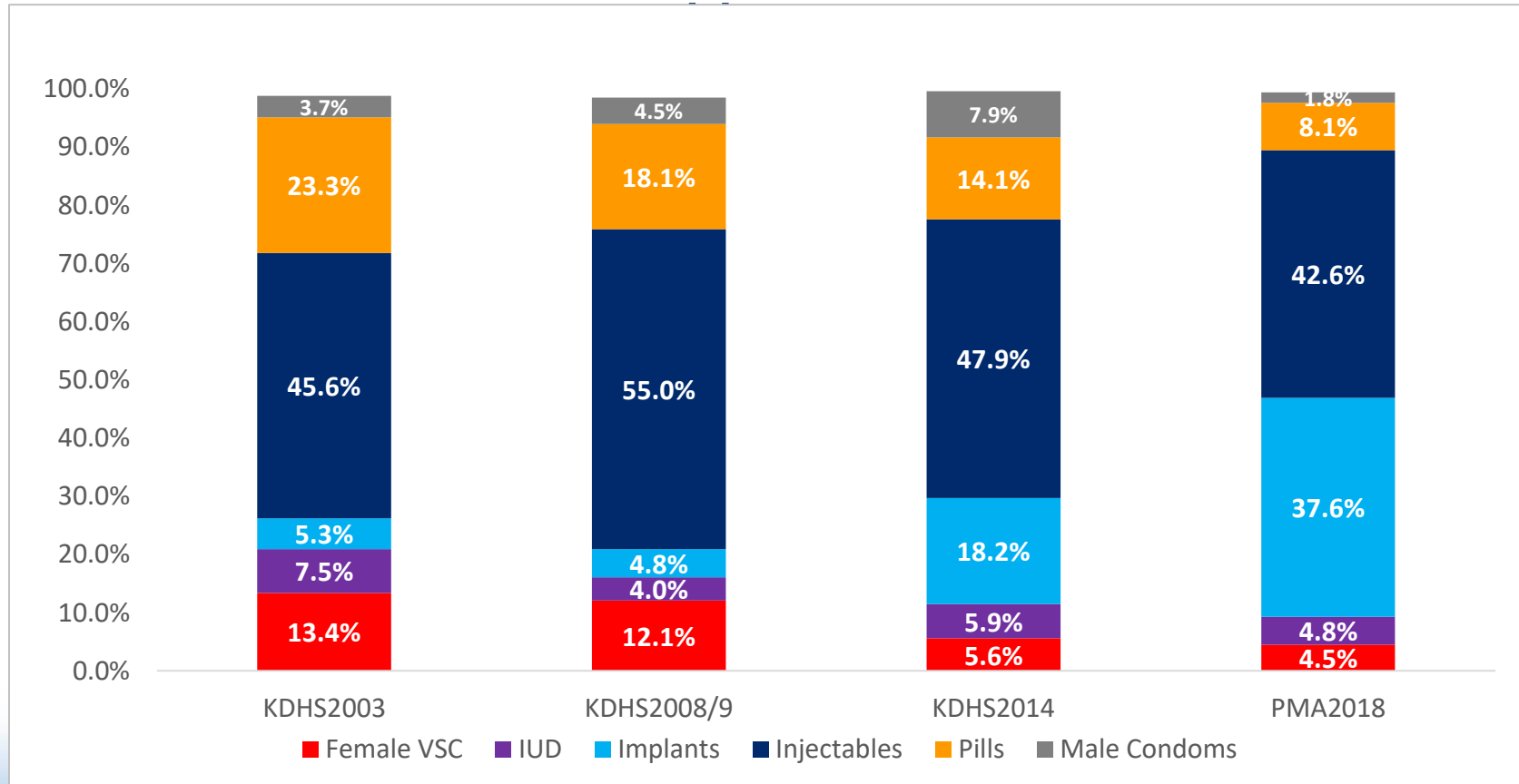
Gathari Ndirangu, MD (Ob/Gyn), MPH

LARC and Permanent Methods COP Technical Consultation  
September 25, 2019

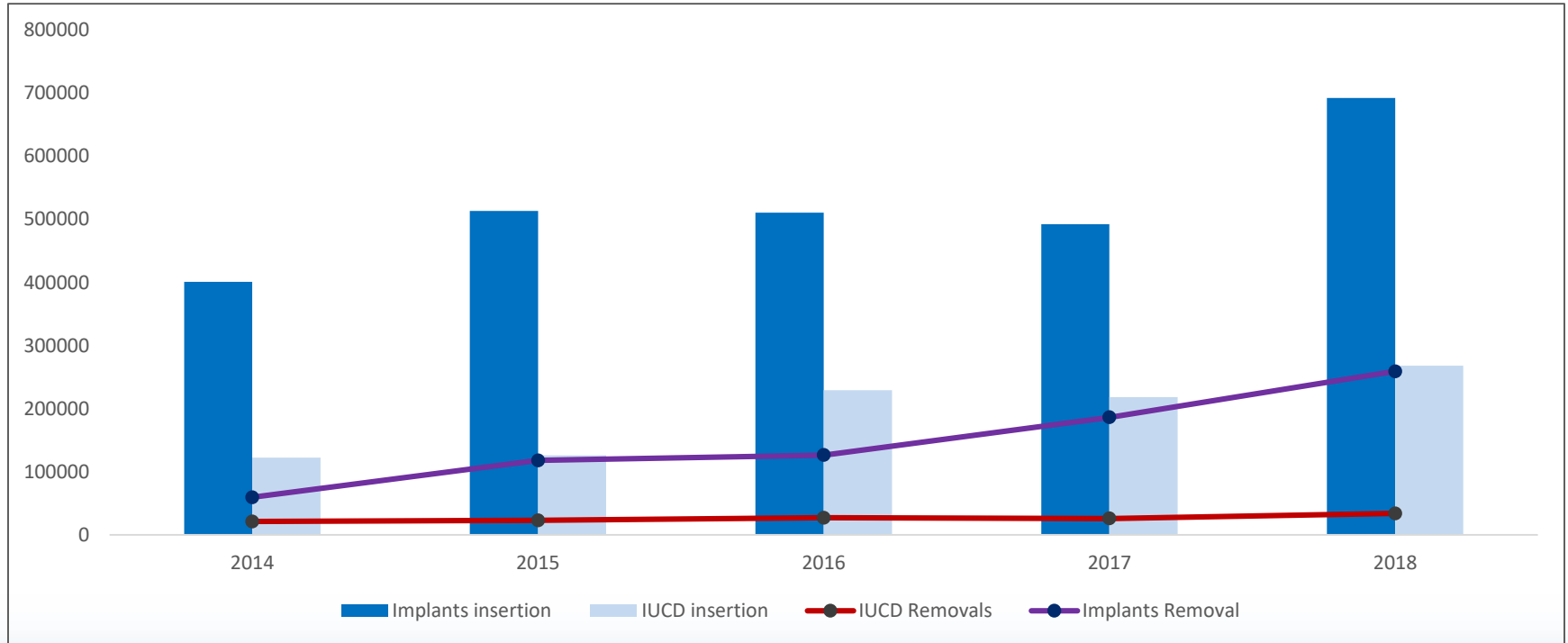
# Kenya: Trends in CPR



# Modern Contraceptive Method Mix Among Married



# LARC Insertion and Removal, 2014-2018



# Steps in Expanding LNG-IUS to the Public Health Sector

LNG IUS Available

1

Advocacy

2

Joint planning

3

Adapted Global LRP

4

Developed M&E Tool

5

Facility Mentor Trainee

6



7

Community Sensitization

8

Initiation of LNG-IUS study

9

Onsite structured mentorship

10

Service Delivery

11

Scale Up

Monitor implementation

# Summary in numbers



# Conclusion



## HEALTH WORKFORCE

- Nurses & midwives main service providers
- Deeper engagement of other cadres
- Knowledge and skill transfer through mentoring
- HRH shortage- industrial unrest



## MEDICAL PRODUCTS

- Commodity management, including redistribution
- Sustainability in commodity supply
- Equipment and supplies



## HEALTH GOVERNANCE

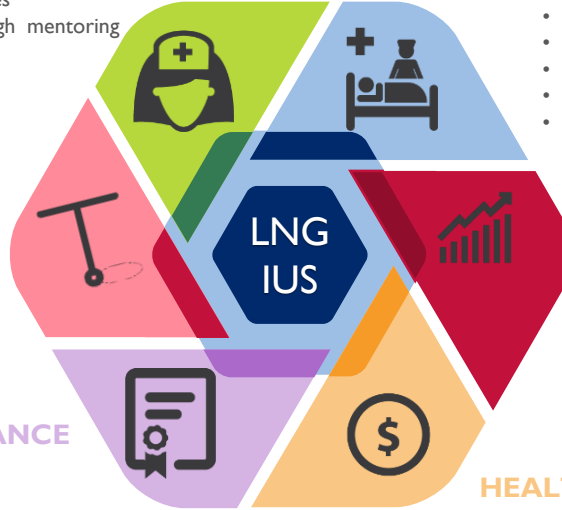
- MOH buy-in and leadership
- Policy and guideline review



## USERS:

LNG IUS uptake is promising among:

- New FP users
- Women previously using short-acting methods
- Postpartum women



## SERVICE DELIVERY



- Training approach (OJT/Modular + Mentorship)
- Awareness among clients
- Equipment and supplies
- Service reorganization
- Service delivery channels
- Potential in the private facilities

## HEALTH INFORMATION SYSTEMS

- Data capture at facility
- Inclusion in national tools
- Data for action



## HEALTH FINANCE



- Ongoing advocacy for budgetary allocation
- FP commodity insecurity
- FP costed implementation plans

For more information, please visit  
**[www.mcspprogram.org](http://www.mcspprogram.org)**

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