

# Looking Back at LARCs & PMs

# Looking Forward to Method Choice

Patricia MacDonald, RN, MPH

USAID Office of Population and Reproductive Health  
Service Delivery Improvement Division



# The LARC/PM Community of Practice

- Established 2009
- Names: LAPM, LA/PM, LARC/PM
- Secretariats:
  - 2009-2013 Respond
  - 2013-2017 SIFPO/PSI
  - 2017-2019 MCSP
  - 2019-2020 E2A

# The LARC/PM Community of Practice

- **Technical Working Groups:**  
Research, Toolkits, Curricula, CYP, IUD, Implants, Tubal Ligation, Vasectomy
- **Technical Consultations and Webinars:**  
Data, Counseling, Youth, Private Sector, Social Franchising, Integrated Services, Innovative Service Delivery Approaches, Method-Specific (IUDs, Implants, PMs), Introduction and Scale-Up

# Method Mix and Method Choice



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## Method Mix

The menu of  
contraceptives  
available in a  
country  
-WHO

supply chain  
SBC  
providers  
policies  
finances

## Method Choice

Client-centered information,  
counseling and services  
enables women, youth,  
men, and couples to decide  
and freely choose a  
contraceptive method that  
best meets their  
reproductive desires and  
lifestyle, while balancing  
other considerations  
important to method  
adoption, use and change.

The percent  
distribution of  
contraceptive  
users in a country  
-Measure  
Evaluation

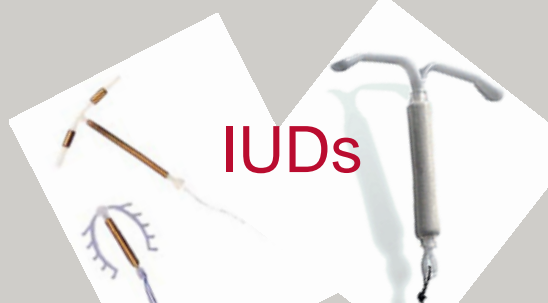
Medical  
records  
Registers  
HMIS / DHIS2  
Surveys

# CONTRACEPTIVE METHODS

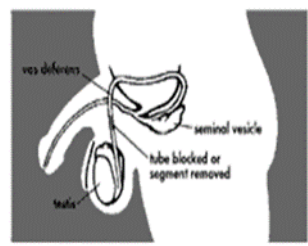
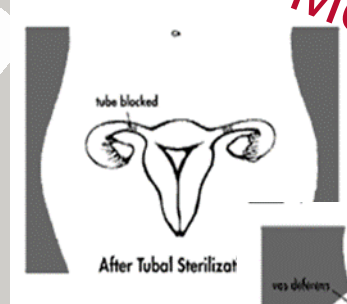
Implants



IUDs



Permanent Methods



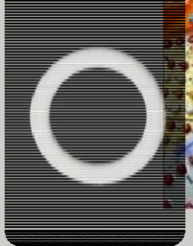
Short-Acting Hormonal



Fertility Awareness



Barrier Methods



# Many, and One



# Method-Specific Communities & Groups

- Implants Access Program
- DMPA SC Access Collaborative
  - Vasectomy Working Group
  - FAM (SDM, DOT) and FAM
  - Emergency Contraception - ICEC
    - LNG IUS Introduction
    - Caya Diaphragm Introduction
    - Progestin Vaginal Ring Introduction
      - New Method Development
        - MEC Update for PFP
        - MEC Update following the ECHO Trial



# Communities to Expand Access to Choice

- Postpartum Family Planning (PPFP)
- Postabortion Care - PAC Connection
- FP/HIV Integration
- Youth Access, First Time Parents (FTP)
- Gender, Male Engagement
  - Total Market Approach (TMA)
  - Service Communication (SBC+SD)
  - Task Sharing
  - Systematic Approaches to Scale Up
  - Coordinated Supply Planning (CSP)
  - Research, Data and HIPS

# Organizations that Make Method Choice Happen

- A Global Movement: FP2020 → FP2030
- Country Governments and Health Systems
- Local NGOs, CBOs, FBOs, Civil Society
- Private and Public Providers, Social Marketers
- Global and Regional Partners
- Bilateral, Multilateral, Foundation Donors
- Technical and Implementing Partner Organizations
- Many, many, method-specific and operational working groups

# The Method Choice CoP Provides a Platform to:

- Advance shared learning about FP methods: e.g., introduction to scale, service delivery approaches, use dynamics;
- Strengthen collaboration, commitment and support for client-centered programming for enhanced method choice;
- Provide thought leadership on emerging issues e.g., humanitarian assistance settings) and in innovative ways (e.g., repositioning PMs with other non-hormonal options)

# THANK YOU



Photo: FP/MIYCN  
Toolkit



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