

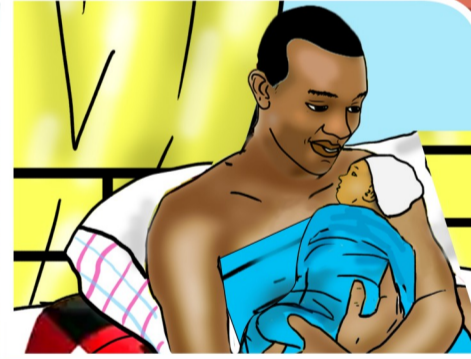
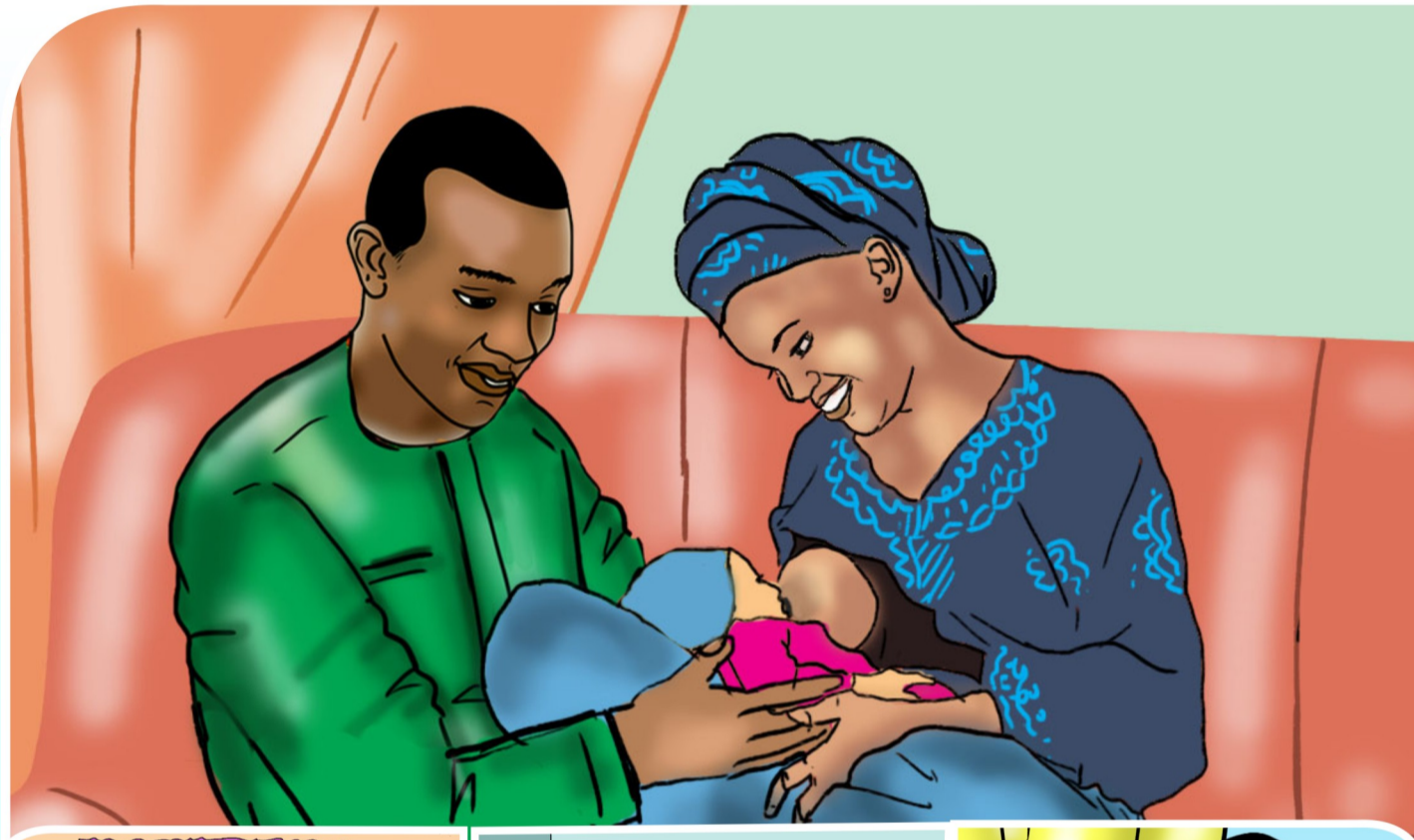
Fathers contribute to Healthy Families

STAGE 4

POST-NATAL

A Father/Partner should support his wife/partner to:

- Get enough rest regularly
- Feed the baby with breast milk only for the first six months.
- Complete all clinic appointments.
- Take prescribed drugs.
- Eat nutritious food.
- Perform skin-to-skin care if your baby is small



Stage 1



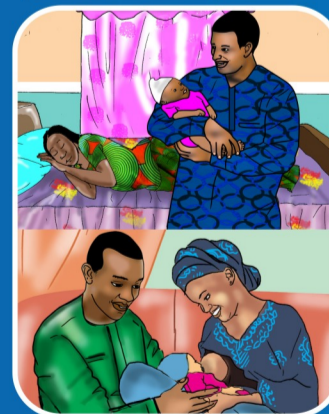
Stage 2



Stage 3



Stage 4



Stage 5



USAID
FROM THE AMERICAN PEOPLE

Maternal and Child
Survival Program